

The solution series: 2

Making maternity services safer: the role of

# leadership

### The role of leadership

# Reviews of failed maternity services or services where there are problems often identify poor leadership or a failure in leadership.

The Royal College of Midwives (RCM) knows that midwifery leaders do not fail alone.

Leadership is a shared venture and does not happen in a vacuum. In order for leadership to flourish, there needs to be three core elements present: context, capacity and capability.

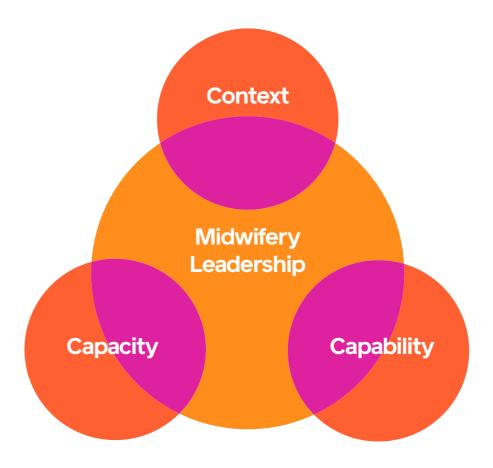
The RCM has developed a model to describe this triumvirate where the correct balance of all three elements must be present.

## The RCM 3Cs Triangle of Successful Maternity leadership

**Context** – The Head of Midwifery/Director of Midwifery needs to report directly to the Executive Director of Nursing or Nurses, Midwives and Allied Health Professionals Network (NMAHPs) and have direct access to the Board for maternity issues.

**Capacity** – Is the Head of Midwifery/ Director of Midwifery able to focus their role entirely on maternity services, or does their remit cover other services? If the role is broader than maternity, there should be robust senior management and professional leadership roles beneath the HoM to lead maternity services.

**Capability** – Does the Head of Midwifery/ Director of Midwifery and their senior leadership team have the skills, knowledge, experience and abilities to succeed? Is there appropriate training, development and support for those in these roles, including mentorship and/or coaching?



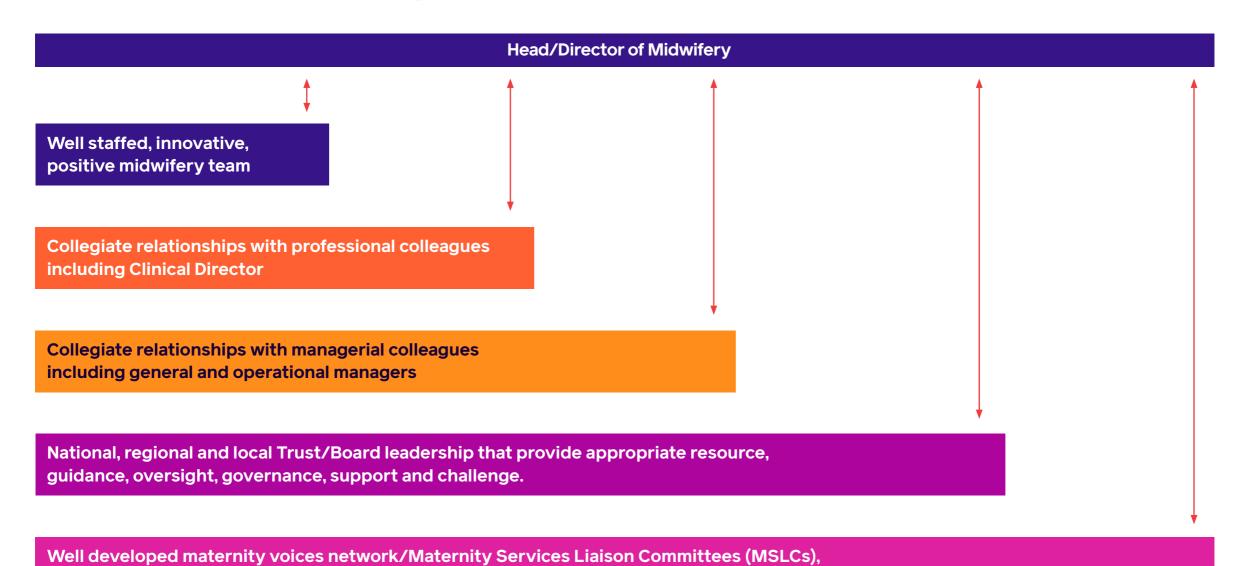


#### Self Checklist: Leadership in your maternity service, unit or team The Three Cs of successful maternity leadership: What action can we take to address any shortfalls/issues? Yes/No Does our maternity service have the correct context, capacity and capability for our HoM/DoM to flourish? **Context** – Our HoM/DoM reports directly to the Exec DoN/ NMAHP and can access the Trust/Health Board directly on maternity issues. **Capacity** – Our HoM/DoM is able to focus their role entirely on maternity services. If the role is broader than maternity, there are robust senior management and professional leadership roles beneath the HoM to lead maternity services. Capability - Our HoM/DoM and their senior leadership team have Yes the skills, knowledge, experience and abilities to succeed? No There is appropriate training, development and support for those in these roles, including mentorship and/or coaching?



As well as a combination of the right context, capacity and capability, midwifery leaders need to be supported by an effective team. Failed leadership is often a failure of teamwork.

#### The network of positive maternity leadership



£3

supporting positive service development

#### Self Checklist: Leadership in your maternity service, unit or team



The network of successful maternity leadership:  Does our maternity service have the appropriate network  of maternity leadership?	Yes/No	What action can we take to address any shortfalls/issues?
Do we have national, regional and local Trust/Board leadership that provide appropriate resource, guidance, oversight, governance, support and challenge?	Yes No	
Do we have strong collegiate relationships between Professional and operational/general management colleagues?	Yes No	
Do we have strong collegiate relationships between Professional leaders including the HoM/DoM, Clinical Director & others?	Yes No	
Do we have a well staffed, innovative, positive midwifery team that work hard to implement the service vision and aims?	Yes No	
Do we have an active, supported constructive service user voice to support positive service improvement in the organisation?	Yes No	



# **Effective methods** of leadership

The most recent evidence endorses compassionate, inclusive, and collective leadership approaches. The literature broadly rejects command and control approaches.

#### **Compassionate leadership:**

There are four elements of compassionate leadership:

Attending	Understanding	Empathising	Helping
Being present with and listening, noticing, and inquiring about suffering or distress, and challenging approaches oriented to blame and punishment.	It is appraising difficult situations to reach a measured understanding, ideally through open dialogue. This is grounded in the assumption that others are good, capable and worthy of value. It involves withholding blame by focusing on learning.	Being able to feel the distress or frustration of those we lead without being overwhelmed by this emotion and therefore unable to help. This involves listening without needing to solve or intervene.	Taking thoughtful and intelligent action to help those we lead, focusing on what is most useful for them. Compassionate leadership does not involve compromising our commitment to good performance management, having difficult conversations, making radical changes or being able to challenge the status quo.



**Inclusive leadership**: Ensuring equality, positive diversity, and that the voices of all are meaningfully heard in the process of delivering and improving care. Truly inclusive leadership involves positively valuing difference and prevents those who are most powerful having control over team and system working.

**Collective leadership**: Shifting from traditional command-and-control structures and 'heroic' individual leadership towards a model that shares and distributes leadership to wherever expertise, capability and motivation sit within organisations. It requires everyone listening to and supporting each other and taking responsibility for the success of the organisation as a whole. Midwifery leaders must be willing and able to represent midwifery and women at all levels of an organisation including at board level (King's Fund, 2020).



#### Self Checklist: Leadership in your maternity service, unit or team



Do leaders and managers in our service demonstrate compassionate leadership?	Yes/No	What action can we take to address any shortfalls/issues?
<b>Attending</b> – Being present with and listening, noticing, and inquiring about suffering or distress, and challenging approaches oriented to blame and punishment.	Yes	
Understanding – It is appraising difficult situations to reach a measured understanding, ideally through open dialogue. This is grounded in the assumption that others are good, capable and worthy of value. It involves withholding blame by focusing on learning.	Yes No	
<b>Empathising</b> – Being able to feel the distress or frustration of those we lead without being overwhelmed by this emotion and therefore unable to help. This involves listening without needing to solve or intervene.	Yes No	
Helping – Taking thoughtful and intelligent action to help those we lead, focusing on what is most useful for them.  Compassionate leadership does not involve compromising our commitment to good performance management, having difficult conversations, making radical changes or being able to challenge the status quo.	Yes No	



At a practice team level, nine traits common to effective and supportive midwifery practice leaders, have been identified:

**Promotes midwifery** 

**Builds external and** internal relationships

Demonstrates transparency and good communication

Provides timely and compassionate feedback

Supports midwives in times of adversity

Determines performance and quality indicators consistent with midwifery model of care

Fosters growth in individual midwives

**Technical expertise** 

Supports work/life balance

(Thumm et al, 2018)



#### Self Checklist: Leadership in your maternity service, unit or team



Do I, as a team, ward or shift leader demonstrate the nine elements of positive midwifery leadership?	Yes/No	What action can we take to address any shortfalls/issues?
I promote midwifery	Yes No	
I build internal and external relationships	Yes No	
I am transparent and communicate openly	Yes No	
I provide timely and compassionate feedback	Yes No	
I support midwives in times of adversity	Yes No	
I determine performance and quality indicators consistent with the midwifery model of care	Yes No	
I foster growth in individual midwives	Yes No	
I continually develop my technical expertise	Yes No	
I support work-life balance	Yes No	

## **Appendix A**

RCM leadership competency framework, 2012

rcm.org.uk/media/1868/midwifery\_leadership\_competency\_ framework.pdf

RCM leadership resources and workshops

rcm.org.uk/promoting/learning-careers/leadership/#:~:tex-t=The%20Leadership%20Framework%20was%20developed%20by%20the%20Leadership,framework%20to%20use%20examples%20which%20reflect%20midwifery%20practice

RCM leadership manifesto, 'Strengthening midwifery leadership' (2019) to influence for positive change in midwifery leadership across the UK rcm.org.uk/media/3527/strengthening-midwifery-leader-ship-a4-12pp\_7-online-3.pdf

RCM leading self and others webinar, February 2021 rcm.org.uk/leading-self-and-leading-others-webinar

RCM I learn modules on leadership rcm.org.uk/ilearn

ilearn.rcm.org.uk/course/index.php?categoryid=73

Compassionate Leadership in the NHS Michael West on compassionate and inclusive leadership | The King's Fund kingsfund.org.uk kingsfund.org.uk/audio-video/michael-west-leadership

King's Fund (2020) The courage of compassion: Supporting nurses and midwives to deliver high-quality care

kingsfund.org.uk/sites/default/files/202009/The%20courage%20of%20compassion%20full%20report\_0.pdf

West M, Eckert R, Passmore B (2014). Developing collective leadership for health care. London: The King's Fund. Available at: (Accessed on 3 September 2020)

kingsfund.org.uk/publications/developing-collective-leadership-healthcare

West M, Lyubovnikova J, Eckert R, Denis J-L (2014). 'Collective leader-ship for cultures of high quality health care'. Journal of Organizational Effectiveness: People and Performance, vol 1, no 3, pp 240–60; Dickinson H, Ham C, Snelling I, Spurgeon P (2013). Are we there yet? Models of medical leadership and their effectiveness: an exploratory study [online]. National Institute for Health Research Service Delivery and Organisation Programme. Available at:

netscc.ac.uk/hsdr/files/project/SDO\_FR\_08- 1808-236\_V07.pdf (accessed on 21 August 2020)

netscc.ac.uk/hsdr/files/project/SDO\_FR\_08-%201808-236\_V07. pdf

Thumm et al, 2018 The Five Attributes of a Supportive Midwifery Practice Climate: A Review of the Literature E Brie Thumm, Linda Flynn





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