

Contents

105 Editorial

106 Hot Topic

- Pre-eclampsia in pregnancy — a critique of diagnostic urine testing 106
Louisa Pirie
-

110 Research Explained

- Viewing research from a fresh perspective — introducing the RCM's Small Research Awards 110
Judith Field, Jenny Cunningham
- RCM Small Research Award winners 2023 113
- Research and midwifery — reflecting on how they are joined 114
Donna Jones
- Conducting a sensitive research study on perinatal suicide attempts — the power of Patient and Public Involvement and Engagement (PPIE) 115
Kaat De Backer, Mary Newburn, Rosie Hildersley, Abigail Easter
- Complex health care changes: can implementation science help? 118
Orla Sheehan, Brendan Murphy, Paul Corcoran, Joye McKernan, Richard Greene
-

123 Midwifery & Education

- The experience of midwifery students using simulation-based learning in undergraduate education — a systematic review 123
Sam Harrison
- The perspectives of ethnic minority women on the barriers to engaging with perinatal mental health services 130
Fiona Ama Dougan



i-learn course: Perinatal mental health

- Review of the effectiveness of pay and reward and its impact on midwifery staff retention — a single centre qualitative study 135
Stella Nwogu

140 Pregnancy

- The impact of the Pregnancy Sickness Support training session on the knowledge and attitudes of student midwives towards hyperemesis gravidarum: an evaluative research project 140
Gillian Knight, Caitlin Dean



i-learn course: Nausea and vomiting in pregnancy

- Continuity and midwifery practice: a case study, with a focus on the midwife–mother relationship and advocating for women and their families 146
Lisa Rollinson



i-learn courses: Midwifery continuity of carer: an introduction; Midwifery continuity of carer: implementation; Promoting midwife led care

- What are midwives' views of screening prenatal women who use cannabis in pregnancy? 154
Anmmarie Badchkam



i-learn course: Very brief advice (VBA) on smoking for pregnant women

160 Labour & Birth

- The importance of pain histories for latent phase labour 160
Carol J Clark, Vanessa Bartholomew, Dominique Mylod, Vanora A Hundley

- Midwives' views on upright birthing positions 165
Stephanie Borg, Christie Hili



i-learn course: Active Birth

170 Postnatal

- Post-placental IUD insertion: what helps and hinders implementation? 170
Joanne Cull, Abigail Easter

- #Parentlife: A feasibility study to explore a novel virtual early parenting programme 177
Lois McKellar, Amye Eden, Tiffany De Sousa Machado, Pam Adelson, Cathy Stoodley, Mary Steen

183 Neonatal & Infant Care

Breastfeeding is a public health priority. Why are we so bad at it?	183
<i>Melody Rich</i>	
Perception of mothers towards exclusive breastfeeding in Nigeria	187
<i>Omobolanle Adubiobi, Anne Mills, Jaqui Hewitt-Taylor, Holly Crossen-White</i>	

194 Maternity reports and resources – what’s new?

Please note: All references to ‘woman’ or ‘women’ in *MIDIRS Digest* encompass ‘birthing person/s.’

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